



2010 Winter Programs at Big League Baseball School

Big League Baseball School, 7046 Worthington-Galena Rd., Worthington, Ohio 43085 • 614-433-9980 • BigLeagueBaseballSchool.com

Baseball & Fast Pitch Combined Classes						
Little Big Leaguers: Skills Session 2	Ages 8-10	4 Saturdays	Jan 16 – Feb 6	2:00 – 3:00 pm	Min12/Max24	\$100
Little Big Leaguers: Skills Session 3	Ages 8-10	4 Saturdays	Feb 27 – March 20	2:00 – 3:00 pm	Min12/Max24	\$100
Catching Class: Session 2	Ages 9-13	5 Sundays	Jan 10 – Feb 7	1:00 – 2:00 pm	Min 4/Max 6	\$125
Catching Class: Session 1	Ages 9-13	5 Sundays	Feb 21 – March 21	1:00 – 2:00 pm	Min 4/Max 6	\$125
Santa's Jamboree Super Mini Camp: 1	Ages 9-13	1 Tuesday	December 22	10 am – 2:30 pm	Min 12/Max 24	\$75
Santa's Jamboree Super Mini Camp: 1	Ages 9-13	1 Tuesday	December 29	10 am – 2:30 pm	Min 12/Max 24	\$75

Baseball						
Hitting League: Session 2	Ages 9-10	5 Saturdays	Jan 9 – Dec. 6	10-11am, or 11-12pm	Teams of 4/\$180	\$50
Hitting League: Session 2	Ages 11-13	5 Thursdays	Jan 14 – Feb 11	6-7, 7-8, or 8-9 pm	Teams of 4/\$180	\$50
Maxplay Class: Session 1	Ages 9-13	5 Saturdays	Nov 7 – Dec 5	9:00-10:00 am	Min6/Max12	\$125
Maxplay Class: Session 2	Ages 9-13	5 Saturdays	Jan 9 – Feb 6	9:00-10:00 am	Min6/max12	\$125
Spring Training	Ages 9-13	5 Saturdays	Feb 20 – March 20	9:00-10:00 am	Min6/max12	\$125
Pitching Class: Session 2	Ages 9-13	5 Sundays	Jan 17 – Feb 14	2:00 – 3:00 pm	Min 4/ Max 6	\$125
Pitching Class: Session 1	Ages 9-13	5 Sundays	Feb 28 – March 28	2:00 – 3:00 pm	Min 4/ Max 6	\$125

Fast Pitch						
Maxplay Class: Session 1	Ages 9-13	5 Sundays	Jan 17 – Feb 14	3:00 – 4:00 pm	Min6/Max12	\$125
Spring Training	Ages 9 -13	5 Sundays	Feb 28 – March 28	3:00 – 4:00 pm	Min6/Max12	\$125
Pitching Class: Session 2	Ages 9-13	5 Sundays	Jan 17 – Feb 14	2:00 – 3:00 pm	Min 4/ Max 6	\$125
Pitching Class: Session 1	Ages 9-13	5 Sundays	Feb 28 – March 28	2:00 – 3:00 pm	Min 4/ Max 6	\$125

High School						
Hitting League: Session 2	BB & FP	5 Tuesdays	Jan 12 – Feb 9	6-7, 7-8, or 8-9 pm	\$180 team	\$50 individual

Little Big Leaguers

This class is especially designed for beginning players to learn the key fundamentals of throwing, catching, fielding and hitting. Suggested for both **Baseball and Fast Pitch Players** ages 8-10. 4-week sessions. Min6/Max12

Maxplay

This class combines physical training with baseball skill training to achieve optimum performance. Suggested for both **Baseball and Fast Pitch Players** who want to advance their level of play. Ages 9-13. 5-week sessions. Min6/Max12

Spring Training

Pre season tune up of all fundamental skills. Focus will be to get players in "baseball shape" and ready for game play. Perfect for players who will be trying out for teams. Suggested for both **Baseball and Fast Pitch Players** ages 9-13. 5-week sessions. Min6/Max12

Catching

Covers the mechanical fundamentals of receiving a pitched ball, framing the pitch, blocking, throwing and general fielding as well as attitude and game strategies. Suggested for both **Baseball and Fast Pitch Players** ages 9-13 with previous game experience. 5-week sessions. Min4/Max6

Pitching: Baseball

This class covers the mechanical fundamentals of grip, throwing motion, wind up and follow through as well as strategies of and mental approach. Ages 9-13. 5-week sessions. Min4/Max6

Pitching: Girls Fast Pitch

This class covers the mechanical fundamentals of grip, throwing motion, wind mill wind up and follow through as well as strategies of and mental approach. Ages 9-13. 5-week sessions. Min4/Max6

Hitting Leagues

Fun, fast-paced batting cage game where teams of 4 compete with a final "tournament" in the last week. Trophies will be given to both team and individuals for high score. Suggested for both **Baseball and Fast Pitch**. Teams of 4. Ages 9-10, 11-13, and High School. 5-week sessions.

Skills Evaluations

Give us a try! When Big League professional staff conducts a comprehensive analysis of your player's skills you will receive a detailed report of your player's strengths and areas of focus for improving their pitching/throwing, hitting, and fielding skills. **For Baseball and Fast Pitch Players. \$40. Call to schedule.**

Private Instruction

Fine tuning the fundamental skills every player needs to improve their game is at the core of the instruction your player will receive at Big League Baseball School. Owners, Dan Briggs and John Pacella have developed a teaching system based on their 30 + years of professional playing and coaching experiences. Instructors make sure style does not interfere with the player's fundamental absolutes. These absolutes are movements, behavior and attitude necessary to perform the task, whether it be hitting, pitching, fielding etc. Evolving into a solid, fundamental ball player can be a rewarding and enjoyable life experience. Schedule a lesson or evaluation at Big League and begin your path to success. **5 and 10 lesson packages available. Call for details.**

BLBS Travel Baseball *without the Travel*: Summer League

BLBS Travel Baseball Summer League is the perfect fit for parents and players who want more competition than recreational ball, but don't want the expense, time commitment, and fatigue of the 50 game schedules typical of travel ball teams. BLBS Summer League consists of some 70 teams in three age divisions, 9-10, 11-12, and 13-14. Each team plays a 20 game schedule, with an average of 2 games per week on a Friday, Saturday, or Sunday. The season includes a mid-season pool play tournament and a season ending seeded tournament in which all teams participate. All games are played at Ohio State's Fred Beekman Baseball Complex beginning the end of May and ending in July. Players may register as a Free Agent if they are not part of a team. **Register at BLBSTravelBaseball.com**

Elite Performance Classes

Big League Baseball School has partnered with Elite Performance to offer strength and agility training at the Big League facility. Dates and times vary – schedule can be found on BigLeagueBaseballSchool.com. Payments will be made to Elite Performance.

Classes include: X Plosive Hitting - Combine the secrets of a compact and powerful hitting stroke with the latest in core and upper extremity strength and power training; Power Pitching - The keys to power pitching combined with the latest in rotator cuff and core strength and power; Speed Thrills - Develop explosive speed, quick feet and amazing agility. Proven to cut .10 seconds off your home to first time!

REFUND POLICY: Cancellation requests must be made in writing to refund@BigLeagueBaseballSchool.com. Cancellations received 2 weeks prior to the 1st day of the class will be refunded in full (less a \$25 processing fee). No refunds will be issued after that time.